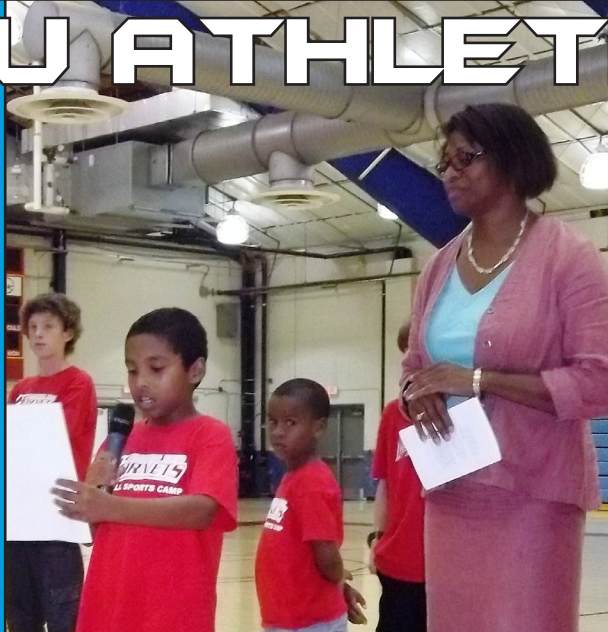




**DELAWARE STATE UNIVERSITY FOOTBALL**



**DSU ATHLETICS**





# DEREK CARTER

## AD

**Athletic Director  
Third Season**  
B.S. - Virginia Tech '85  
M.S. - Tennessee-Knoxville '91  
Sports Management Institute '97



### Carter Year by Year

2009-Pres.	Delaware State University Athletic Director
2003-2009	Bowie State University Athletic Director
2001-2003	Virginia State University Athletic Director
2000-2001	Virginia Tech Monogram Club Director
1998-2000	Patrick Henry High School (Ashland, Va.) Director of Athletics
1997	Sports Management Institute The Executive Program graduate
1994-1998	Virginia Tech Asst. Athletic Director Compliance, Spring Sports, Student Life
1991	Tennessee-Knoxville M.S. - Sport Management
1985	Virginia Tech B.S. - Marketing Education Four-year Football Letterwinner All-Decade Hokies' Football Team Member

Derek Carter was appointed as Delaware State University's Director of Athletics on April 9, 2009. Carter immediately began strengthening all aspects of DSU athletics, including academic services for all student-athletes, fund raising, facility improvements and community support.

Since coming to Delaware State, Carter has reached out to alumni, students, businesses and the community at large to solicit support for the university's athletics programs. He has traveled throughout the state and region to share his vision for athletics at the university. At the same time, Carter has challenged all DSU teams and student-athletes to give back through community outreach. Hornet student athletes, coaches and staff members performed hundreds of community service hours during Carter's tenure, ranging from home repairs to mentoring.

Delaware State's school-record 122 student-athletes listed on the 2010-11 Mid-Eastern Athletic Conference Commissioner's All-Academic Team, tops among all league schools, highlighted Carter's second full academic year at the university. The MEAC All-Academic Team recognizes non-freshmen student-athletes with a cumulative grade-point-average of 3.0 or higher.

During the 2010-11 academic year, Carter launched the inaugural Athletic Director's Commencement Breakfast to honor graduating DSU student-athletes. The event included academic achievement awards, highlighted by recognition of three senior athletes who earned perfect 4.0 grade point averages throughout their career.

Carter was also appointed to the NCAA Football Championship Subdivision (FCS) Tournament Committee in 2010.

In Carter's first full year at Delaware State, the Hornets placed 98 student-athletes on the MEAC Commissioner's All-Academic Team (then a school record).

Delaware State also earned national recognition under Carter for the selection of senior Kalyn Washburn as the 2010 NCAA Elite 88 Award recipient for women's bowling. The Elite 88 is presented to the student-athlete with the highest cumulative grade-point average participating at the finals site for each of the NCAA's 88 championships. In addition, Washburn was named the 2010 MEAC Woman of the Year. The award, selected annually by MEAC senior woman administrators, celebrates the achievements of female senior student-athletes who have excelled in academics, athletics, service and leadership.

In addition, Carter fully endorsed the establishment of the Delaware Diamond Extravaganza, an annual event to celebrate the achievements of women in athletics.

Carter's influence at Delaware State has also been evident on the fields of play.

During the 2010-11 athletic year, Delaware State captured the MEAC softball Northern Division crown en route to an appearance in the league championship game.

Also in 2010, Hornet volleyball team advanced to the MEAC Tournament championship match for the first time since 1986.

Delaware State's equestrian team made history last year by sending its English and Western squads to the sport's national championship competition for the first time.

The DSU track and field teams have continued their dominance during Carter's tenure. The Hornets captured MEAC indoor titles in men's 1600-meter relay and the 800-meter run this past year. In addition, the Hornets achieved All-America First Team status in the outdoor 1600-meter relay and second team recognition in the

400-meter hurdles. Also last year, Kendra Mayers (long jump) became the first DSU female to compete in the NCAA National Championship since 2002.

Delaware State also featured the MEAC softball (Jordan Reid) and baseball (Scott Davis) players-of-the-year during the 2010-11 athletic season.

Highlighted by second place finishes in basketball and cross country, Delaware State was runner-up for the 2009-10 MEAC Talmadge Hill Award for top overall performance in men's sports during Carter's first full year at the university. The Hornet men's outdoor 1600-meter relay team also captured the MEAC title and qualified for the NCAA championship for the second straight year.

On the women's side, Delaware State claimed its second consecutive MEAC championship and NCAA Tournament appearance in women's bowling during the 2009-10 athletic year. Hornet sophomore Jordan Reid was also named MEAC Softball Player of the Year.

Carter brought a wealth of experience in athletics administration to Delaware State.

Prior to his appointment at DSU, he served as athletics director at Bowie State University in Bowie, Md., for six years beginning in 2003.

Under Carter's leadership, Bowie State achieved a great deal of success. The bowling team won two-straight CIAA titles (2005 and 2006) and was the conference runner-up in 2009. The squad also claimed the Eastern Division title in 2006. The softball team claimed CIAA championships in 2007 and 2008, earning bids into the NCAA Division II Tournament each of those years. The women's basketball team earned CIAA Eastern Division titles in 2008 and 2009 and was conference runner-up in '09. In 2005, the football team claimed the league's Eastern Division championship.

Prior to his tenure at Bowie State, Carter served from 2001 to 2003 as the athletics director at Virginia State University in Petersburg, Va.

His resume' also includes two stints at his alma mater, Virginia Polytechnic Institute and State University. From 2000 to 2001, he was director of Virginia Tech's Monogram Club, an organization designed to foster fellowship among student-athletes. From 1994 to 1998, Carter was an assistant athletics director at Virginia Tech in posts that focused on spring sports, compliance and student life.

In between his Virginia Tech stints, Carter served as the director of athletics at Patrick Henry High School in Ashland, Va., from 1998 to 2000.

Carter earned a Bachelor of Science degree in marketing education from Virginia Tech ('85) and a Master of Science degree in sports management from the University of Tennessee-Knoxville ('91). He is also a 1997 graduate of the "The Executive Program" of the Sports Management Institute.

Born and raised in Washington, D.C., Carter was a football and basketball standout at DeMatha High School in Hyattsville, Md., before enrolling at Virginia Tech. He was a four-year football letterman at Virginia Tech (1981-1984). After performing at wingback in his first season with the Hokies, he was a starter in the defensive backfield his final three years. Carter was a defensive teammate of former Buffalo Bills defensive lineman and a 2009 NFL Hall of Fame inductee Bruce Smith.

As a result of his defensive exploits, Carter was named to the 1980s Virginia Tech All-Decade Hokies' Football Team. He also earned an opportunity to try out as a free agent with the NFL's Philadelphia Eagles in 1985.

Carter is a member of the National Association of Collegiate Directors of Athletics.

He and his wife, Karen, are the parents of two sons – Bryce (11) and Cole (6).



# ADMINISTRATION

## CANDY YOUNG SANDERS

Associate Athletics Director  
Senior Woman Administrator



Candy Young Sanders was appointed as a Delaware State University Associate Athletic Director in July 2010. She continues as the athletic department's Senior Woman Administrator. Sanders served as an Assistant Director of Athletics and Senior Woman Administrator since July 2008. She also served as DSU's Acting Director of Athletics during the 2008-09 school year.

From 2006 to 2010, she directed the Delaware State women's cross country and track & field teams.

Sanders spearheaded the inaugural "Delaware Diamond Extravaganza in Feb. 2010 that honored 12 individuals for their commitment to women's athletics.

Sanders is a member of the Delaware State University Long-Range Strategic Planning Monitoring Committee, and serves as chairperson of the Mid-Eastern Athletic Conference (MEAC) Woman-of-the-Year Committee. She is also a member of the United States Track & Field/Cross Country Coaches Association Strategic Planning Committee, and previously served on the executive committee for USA Track & Field for eight years.

Before embarking on her coaching career, Sanders was internationally known as a record-setting hurdler. A 100-meter hurdler on the 1980 U.S. Olympic Team, she also holds two indoor world records and a Junior American record. In addition, Sanders is a two-time National Indoor Champion, four-time NCAA indoor champion and eight-time NCAA All-America.

Sanders earned a B.A. in biological education from Fairleigh Dickinson University in Teaneck, N.J., in 1985, and a master's in sports management from Delaware State in 2008.

In 1979, she was the Sports Illustrated National High School Athlete-of-the-Year. Sanders was a 2008 inductee into the Western Pennsylvania Interscholastic Athletics Hall-of-Fame.

## PJ MOSES

Associate Athletics Director  
Internal Operations



Pegjohny Moses is entering her fourth season with athletics and 13th overall at Delaware State. She is responsible for athletics compliance, eligibility and student welfare.

Prior to her DSU appointment, Moses was assistant athletic director for compliance and senior woman administrator at the University of Texas-Pan American for four years.

Moses has also served in collegiate athletics compliance at Tennessee-Chattanooga, Central Florida, Cornell and Brown.

A native of Goldsboro, N.C., Moses earned a bachelor's in political science/history from Duke University and law degree from Tulane.

## ERIC HART

Associate Athletics Director  
Student-Athlete Services



Eric Hart was introduced as the associate athletic director for academic services on July 1, 2009. Hart brings with him a wealth of knowledge in higher education and athletic administration and is committed to the total well being of student-athletes and believes that graduating with a degree is the cornerstone of the student-athlete experience.

Under Hart's leadership, DSU student-athletes have boasted the highest academic marks in school history. DSU led the MEAC with 122 Commissioner's All-Academic team recipients during the 2010 academic year; up from 98 the year before. DSU placed 166 student-athletes on its Hornet Honor Roll during the fall 2009 semester; with 73 student-athletes earning Dean's List (3.25 or higher) and 33 student-athletes earning President's List (4.00). In 2011, Delaware State University inducted 39 student-athletes with a 3.40 cumulative grade point average or higher into Chi Alpha Sigma National Student-Athlete Honor Society.

Hart has help guide three teams at DSU to achieve scores of 1000 on the NCAA's Academic Progress Rate's single year score. Hart and his staff have aspirations to see team improve upon their Academic Progress Rate (single and multi-year scores). In addition to his responsibilities within Academic Services, he has helped serve on a multitude of committees, including search committees that netted the University's Registrar, Head Football Coach (Kermit Blount) and Director of Academic Enrichment Services. He also plays an integral role on the University's Retention, Self-Study, Academic Calendar, Academic Progress Rate (co-chair) and Academic Advising committees. Beginning in the fall 2011, Eric will be serving as Peer Reviewer with the NCAA's Athletic Certification Review.

A native of Stoneville, N.C., Hart was a student-athlete at Appalachian State University and earned a B.S. in elementary education ('97), a Master of Education in school counseling at the University of Georgia ('99), and an Ed.S. in Counseling from the University of Tennessee ('01). He is also a 2009 graduate of the NCAA Leadership Institute for Ethnic Minority Males and Females.

He is married to Erin Hill of North Carolina, by way of Baton Rouge, La.

## MATTHEW MILLET

Assistant Athletics Director  
Marketing and Corporate Partnerships



Matt Millet is in his third season with Delaware State University and is responsible for creating and cultivating all of the Athletic Department's marketing and corporate partnership efforts.

In his first year with DSU, Millet created the "Corporate Champions" program and signed more than 30 new corporate partners, creating a valuable revenue stream for athletic department. He has helped bridge the gap between the regional/Dover community while helping to off-set costs for facility upgrades, production and promotional giveaways.

Millet most recently served as director of corporate partnerships for Floyd Hall Enterprises, owner of the Can-Am League Sussex Skyhawks and New Jersey Jackals minor league baseball clubs. In this role, Matt created corporate partnerships with Toyota, Allstate, Dick's Sporting Goods, Burger King and Pizza Hut. He also spent six years as director of corporate sales and ticket operations with the New Jersey Cardinals, Single A affiliate of Major League Baseball's St. Louis Cardinals.

A bachelor's graduate of Robert Morris University ('99) in Pittsburgh, Pa., and Masters of Science graduate Delaware State University ('10), Millet currently resides in Dover with his wife Kelly, and two daughters, Lily and Molly.

## DENNIS JONES

Assistant Athletics Director  
Media Relations



Jones previously served as a staff writer, assistant sports information director and director of sports information since joining the Delaware State University staff in 1996. In addition, he has handled radio play-by-play duties for the Hornet football, and men's and women's basketball teams. He has assisted the NCAA, along with national and local media for Delaware State's national championship competitions in men's basketball, women's basketball, football, softball and bowling.

He currently oversees the daily media relations and statistics for the university's 16 sports.

Prior to joining the Delaware State staff, Jones was News/Sports Director at WDOV/WDSR Radio in Dover, Del. He joined the stations in 1981 as a reporter and was promoted to News/Sports Director in 1985. In addition to covering Delaware news and sports, Jones occasionally filed written and audio reports for the Associated Press, Mutual Broadcasting Network and United Press International during his tenure with the stations. He also served as play-by-play announcer for high school football broadcasts on the stations from 1987 to 1996.

He also served as play-by-play announcer and color commentator for local cable television high school football and basketball broadcasts.

A graduate of Glassboro State (now Rowan) in New Jersey, Jones resides in Dover, Del. He is a member of the College Sports Information Directors Association (CoSIDA).

## DIAESE GRAVES

Assistant Athletics Director  
Administration



Diaese Graves is in her fifth season with Delaware State University Athletic Department. She serves as Assistant Athletic Director for Administration and is responsible for the day to day operations of the department. Including preparing and monitoring the Athletic Budget, handling of personnel issues, servicing student athlete's accounts and planning and implementing policies and procedures within the Department.

Prior to her appointment at DSU, Ms. Graves worked in the private business world with her last appointment being in the private banking sector as a commercial credit analyst with the responsibility of analyzing financial reports of current and potential clients and as a Commercial Banking Associate.

Born in Mobile, Alabama, Ms. Graves first moved to Dover, Delaware in 1971 from the Philippine Islands. She is a graduate from Dover High School and is also a graduate of Clark Atlanta University in Atlanta, GA with a BA in Mass Communication and received her certification as a Commercial Credit Analyst from Temple University. Ms. Graves currently resides in Dover, Del.



# STAFF DIRECTORY

**ADMINISTRATION AND SUPPORT STAFF**

Derek Carter	Director of Athletics	(302) 857-6030	dcarter@desu.edu
Candy Young	Associate Athletics Director/Senior Woman Administrator	(302) 857-7633	csanders@desu.edu
Diaese Graves	Assistant Athletics Director for Athletics Administration	(302) 857-6030	dgraves@desu.edu
Pegjohngy Moses	Associate Athletics Director for Internal Operations	(302) 857-7047	pjmoses@desu.edu
Matthew Millet	Assistant Athletics Director for Marketing	(302) 857-7087	mmillet@desu.edu
Michael Rogers	Coordinator of Athletic Facilities/Events	(302) 857-6067	mrogers@desu.edu

**ACADEMIC SERVICES**

Eric Hart	Associate Athletic Director/Student Services	(302) 857-7542	ehart@desu.edu
Roberta Durrington	Learning Specialist	(302) 857-7304	rdurrington@desu.edu
Sandria Johnson	Academic Counselor	(302) 857-6038	sjohnson@desu.edu
Harry Sanchez	Academic Counselor	(302) 857-7974	hsanchez@desu.edu
Portia Taylor	Academic Counselor	(302) 857-7415	ptaylor@desu.edu

**EQUIPMENT**

Mark Springs	Head Equipment Manager	(302) 857-7445	msprings@desu.edu
Arthur Wright	Assistant Equipment Manager	(302) 857-7445	

**MEDIA RELATIONS**

Dennis Jones	Assistant Athletics Director for Media Relations	(302) 857-6068	djones@desu.edu
Maggie Hayon	Sports Information Director	(302) 857-6239	mhayon@desu.edu

**SPORTS MEDICINE**

Nicole Hoffman	Interim Director for Sports Medicine	(302) 857-7554	nhoffman@desu.edu
Tony Reed	Team Physician	(302) 857-7551	toreed@christinacare.org

**STRENGTH & CONDITIONING**

Ryan Johnson	Director of Strength & Conditioning	(302) 857-6026	rjohnson@desu.edu
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**TICKET OFFICE**

Chantae' Vinson	Ticket Manager	(302) 857-7497	cvinson@desu.edu
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**BASEBALL**

JP Blandin	Head Coach	(302) 857-6035	jblandin@desu.edu
Mike August	Assistant Coach	(302) 857-7809	maugust@desu.edu

**MEN'S BASKETBALL**

Greg Jackson	Head Coach	(302) 857-7493	gjackson@desu.edu
Arthur Tyson	Assistant Coach	(302) 857-7461	atyson@desu.edu
Keith Walker	Assistant Coach	(302) 857-6139	kbwalker@desu.edu
Jarrell Wilkerson	Assistant Coach	(302) 857-7449	jwilkerson@desu.edu
Mike Bernard	Director of Basketball Operations	(302) 857-7507	mbernard@desu.edu
Jane Hicks	Administrative Assistant	(302) 857-7493	jhicks@desu.edu

**WOMEN'S BASKETBALL**

Ed Davis	Head Coach	(302) 857-6041	edavis@desu.edu
Andre Bolton	Assistant Coach	(302) 857-6049	abolton@desu.edu
Fred Burroughs	Assistant Coach	(302) 857-6041	fburroughs@desu.edu
Danielle Dawson	Assistant Coach	(302) 857-6019	ddawson@desu.edu
Trenita Shields	Director of Basketball Operations	(302) 857-6047	tshields@desu.edu
Jane Hicks	Administrative Assistant	(302) 857-7493	jhicks@desu.edu

**BOWLING**

Ricki Williams-Ellison	Head Coach	(302) 857-7981	rellison@desu.edu
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**CHEERLEADING**

TBA	Head Coach		
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**CROSS COUNTRY AND TRACK & FIELD**

Duane Henry	Head Coach	(302) 857-6040	dehenry@desu.edu
Charles Bell	Assistant Coach	(302) 857-7782	cbell@desu.edu

**EQUESTRIAN**

Jennifer Ridgely	Head Coach	(302) 359-2277	jridgely@desu.edu
Kayleigh Karnbach	Assistant Coach		kkarnbach@desu.edu

**FOOTBALL**

Kermit Blount	Head Coach	(302) 857-7447	kblount@desu.edu
Michael Ketchum	Defensive Coordinator/Linebackers Coach	(302) 857-7683	mketchum@desu.edu
Arrington Jones	Offensive Coordinator/Quarterbacks Coach	(302) 857-7682	ajones@desu.edu
Curtis Thomas	Wide Receivers/Special Teams Coach	(302) 857-6045	cthomas@desu.edu
Jeff Braxton	Defensive Line/Recruiting Coordinator	(302) 857-7454	jbraxton@desu.edu
Nick Calcutta	Offensive Line Coach	(302) 857-7447	ncalcutta@desu.edu
Tory Woodbury	Running Backs Coach	(302) 857-7455	twoodbury@desu.edu
Bryant Foster	Cornerbacks Coach	(302) 857-7658	bfoster@desu.edu
Will King	Safeties Coach	(302) 857-7568	wking@desu.edu
Edna Piper	Administrative Assistant	(302) 857-7447	epiper@desu.edu

**WOMEN'S SOCCER**

Nitan Soni	Head Coach	(302) 857-7632	nsoni@desu.edu
Peter Hulem	Assistant Coach	(302) 857-7632	phulem@desu.edu

**SOFTBALL**

Jeff Savage	Head Coach	(302) 857-7740	jsavage@desu.edu
Janice Savage	Assistant Coach	(302) 857-7733	jmsavage@desu.edu

**WOMEN'S TENNIS**

TBA	Head Coach	(302) 857-7444	
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**VOLLEYBALL**

Renee Arnold	Head Coach	(302) 857-6077	rarnold@desu.edu
Kelly Carrigan	Assistant Coach	(302) 857-6077	



## ACADEMIC SERVICES

### ERIC HART, ED. S.



Associate Athletic Director  
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### HARRY J. SANCHEZ, MSW



Academic Counselor  
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### PORTIA TAYLOR, M. ED.



Academic Counselor  
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ptaylor@desu.edu

### ROBERTA DURRINGTON, MA



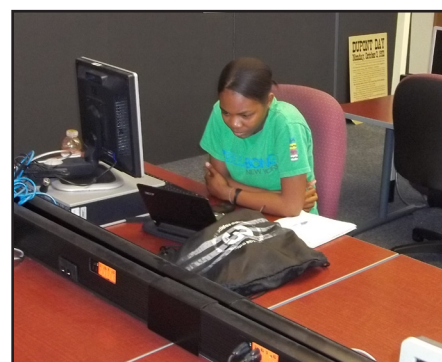
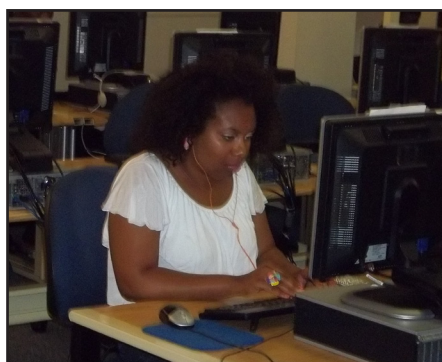
Learning Specialist  
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rdurrington@desu.edu

Academic Services for Student-Athletes (ASSA), housed on the second floor of the William C. Jason Library, serves as the academic arm of Delaware State University Athletics. The unit houses five full-time staff members, including an Associate Athletic Director, three Academic Counselors, and a Learning Specialist. Academic Services for Student-Athletes serves approximately 350 scholarship and non-scholarship athletes in 16 NCAA Division I sports.

The purpose of ASSA is to cultivate academic enrichment and shape student-athletes to be model citizens of the city of Dover and beyond. They will assist the student-athlete in the

following areas: arranging tutoring, monitoring academic success and progress toward a degree, assisting with personal goals and student life well-being.

Their mission is to provide comprehensive services that will prepare our student-athletes to compete and be successful in the classroom, ultimately fostering an environment conducive to graduating. They are customer-service oriented when engaging with prospective student-athletes and their families. We will be leaders in our conference and provide professional development opportunities to our staff so they can effectively master their craft of service to student-athletes.



### ACADEMIC HONORS

During the 2010-11 academic school year, Delaware State produced 122 MEAC Commissioner's All-Academic members (more than any other conference school). Other academic honors for the year are as follows:

- | Nearly 50% of the Hornet student-athlete population (133 total) was named to the Hornet Academic Honor Roll which honors those taking 12-plus credits and earning a 3.00 GPA
- | 51 Hornets were named to the Dean's List, which honors those taking 14+ credits and earning a 3.25 GPA
- | 25 Hornets were named to the President's List, which honors those taking 14+ credits and earning a perfect 4.00 GPA
- | Jazmyne Hefflefinger (Bowling) and Leslie Pleasanton (Softball) received top honors as the departmental scholars for their respective colleges.
- | Janelle Lukens (Softball) was inducted into the Lambda Pi Eta Honor Society as a mass communications major with an overall 3.0 GPA and 3.25 GPA in her major
- | Four student-athletes were inducted into the Pi Gamma Mu Honor Society. Honors are given to junior and senior social science majors who post a minimum 3.0 GPA.
- | 12 student-athletes were inducted into the National Society for Collegiate Scholars. The NSCS is an honor society inviting high-achieving first and second year college students who rank in the top 20 percent of their class.
- | The volleyball team was honored by the American Volleyball Coaches Association (AVCA) as one of 92 NCAA Division I teams for academic excellence.

VISIT ACADEMIC SERVICES ONLINE AT:  
<http://www.desu.edu/academic-services-student-athletes>



# DELAWARE STATE

# COMPLIANCE

## WHAT YOU CAN'T DO:

\* A booster is prohibited from making in-person, on-or off-campus recruiting contacts, or written or telephone communication with a prospect or the prospect's relatives or legal guardians.

\* A booster is prohibited from contacting any enrolled student-athlete at another institution for the purpose of encouraging transfer to Delaware State University and participation in its athletics program. If a prospect approaches a DSU booster regarding the athletics program, please explain that NCAA rules prohibit such a discussion and suggest to the prospect that he/she contact the head coach of the sport for more information.

\* A booster is prohibited from contacting the prospect's coach, principal or counselor for the purpose of obtaining information about the prospect.

\* A booster is prohibited from picking up film or transcripts from the prospect's educational institution.

\* A booster is prohibited from entertaining a prospect and/or relatives and friends of a prospect at any site, either on-or off-campus.

\* In addition, a booster is prohibited from providing tickets at no or reduced cost to any Delaware State home or away athletic or non-athletic event for prospects, their relatives or friends. Only the DSU Department of Intercollegiate Athletics can provide complimentary admissions to prospects and only for HOME events.

\* A booster is prohibited from paying or arranging for transportation for a prospect and/or relatives and friends of a prospect to visit campus. While it is permissible for a friend or neighbor to transport a high school or community college student who is NOT an athlete to the campus, NCAA regulations prohibit the activity for a prospect.

## WHAT YOU CAN DO:

\* A booster is permitted to send newspaper clippings or any other information regarding a prospect to the respective Delaware State coaching staff.

\* A booster is permitted to attend high school or community college athletic(s) events. You simply cannot have any contact with prospects or relatives and/or friends.

\* A booster is permitted to continue established family relationships with friends and neighbors. Contact with sons and daughters of these families is permitted as long as they are not made for recruiting purposes.

\* A booster is permitted to have a telephone conversation with a prospect ONLY if the prospect initiates the call. However, the booster is not permitted to have a recruiting conversation with the prospect and an institutional staff member cannot prearrange the call.

Delaware State University, by virtue of its membership in the National Collegiate Athletic Association (NCAA) and the Mid-Eastern Athletic Conference (MEAC), is responsible for ensuring complete compliance of all constituencies (i.e. university staff, student-athletes, alumni, fans, boosters and friends) with all NCAA and MEAC rules and regulations. Under NCAA rules, parents, alumni, fans and friends may be categorized as "representatives of athletics interests."

Delaware State University strives for academic and athletic excellence. Pursuant to that goal is an on-going commitment to ethical conduct by all members of its staff and supporters. Even the simplest, inadvertent actions on the part of a booster or supporter may jeopardize the eligibility of student-athletes and/or prospects and the compliance of the university with NCAA or MEAC regulations.

## EXTRA BENEFITS

*Extra benefits (as defined by the NCAA) – "any special arrangement by an institutional employee or representative of athletics interest to provide a student-athlete a benefit not expressly authorized by NCAA legislation. Receipt of such a benefit is not considered an NCAA violation if that same benefit is generally available to the institution's students or their relatives and/or friends or to a particular segment of the student body determined on a basis unrelated to athletics ability."*

## EMPLOYMENT RULES

*Delaware State University and its Director of Athletics ask that all boosters, prior to employing or arranging for the employment of a prospect or enrolled student-athlete, check first with the DSU Athletics Department. The department is permitted to make arrangements for summer employment for prospects prior to their enrollment as freshmen and to enrolled student-athletes during summer and semester breaks. Accurate record keeping must be maintained regarding employment. Therefore, the Department of Athletics asks for your cooperation.*

*\* A booster is prohibited from providing employment transportation for prospects or student-athletes unless such transportation is available to all employees.*

*\* A booster is permitted to pay student-athletes employed for work actually performed and at a rate commensurate with the going rate for similar services in the community or business.*

## FOR MORE INFORMATION

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# UNIVERSITY FOOTBALL



## SPORTS MEDICINE

The DSU Sports Medicine Department is committed to providing comprehensive, high quality medical services for its student-athletes.

Our goal is to provide for the total health care needs of the student-athlete. On-site medical services include prevention, recognition, evaluation and treatment of injuries and illnesses, rehabilitation services, pre-participation exams, psychological counseling, nutritional counseling and drug education and counseling.

The sports medicine team is made up of a team physician, a team orthopedic physician, a team dentist, certified athletic trainers, certified physical therapists, and certified strength and conditioning specialists. We also have relationships with the other members of the surrounding DSU community, which includes counseling and psychiatric services, and access to other health care professionals.



### DSU SPORTS MEDICINE STAFF



**NICOLE HOFFMAN**  
Interim Director of Sports Medicine  
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Fax | (302) 857-7625  
nhoffman@desu.edu

Nicole Hoffman, a Dover, Del., native joined the DSU staff after completing her master's requirements in sports management from James Madison University in 2006. While at James Madison, Hoffman served as an athletic trainer for the Dukes' field hockey team and as a graduate assistant at Eastern Mennonite University in Harrisonburg, Va. She earned a bachelor's in athletic training, with a minor in coaching sciences, from the University of Delaware. Hoffman is certified by the National Athletic Trainers Association.

### MEDICAL STAFF

**Dr. Lisa Barkley**  
Head Team Physician

**Dr. Tony Reed**  
Team Physician

**Dr. Jeff Dassel**  
Team Physician

**Dr. Lawrence Piccioni**  
Team Orthopedic Surgeon

**Denise Jones, RN**  
Team Nurse

**Sue Collison**  
Medical Office Assistant



# DELAWARE STATE

# STRENGTH & CONDITIONING

## DSU STRENGTH & CONDITIONING STAFF



**RYAN JOHNSON**  
Director of Strength & Conditioning  
Office | (302) 857-6026  
Fax | (302) 857-  
rjohnson@desu.edu

Ryan Johnson is in his sixth season working in DSU Strength & Conditioning. He works with all Hornet teams on their strength, conditioning and nutritional needs.

Prior to Delaware State, Johnson served as an strength and conditioning intern with the University of Iowa football team (2006). He has also served as a graduate assistant strength coach at the University of Nebraska-Omaha from June 2004 to May 2006. Prior to his graduate work, Johnson interned at Central College (Iowa) from January to May 2004.

Johnson received a B.A. from Central College in 2004 and earned his master's from Nebraska-Omaha in 2006.



## TRAINING PRINCIPLES

1. Reduce as many injuries as possible
2. Maximize athletic ability

Exercise selection is based on the following criteria:

- | Ground-based
- | Multi-joint
- | Three-dimensional

## EQUIPMENT

Some of the equipment used in the strength and conditioning center include:

- 18 Power Lift racks and platforms
- 18 Power Lift power bars
- 18 Power Lift lever action benches
- 18 Uesaka training bars
- 18 sets of Uesaka bumper plates
- 18 Power Lift lever action benches
- 3 sets of 5-100lb Iron Grip dumbbells
- 1 set of 105-150lb Iron Grip dumbbells

## MISSION STATEMENT

Delaware State University Strength and Conditioning is committed to developing the total student-athlete through their experiences with-in a competitive training environment. This will be accomplished by focusing on reducing the risk of injury and maximizing athletic potential through individual evaluation and program design.

## FACILITIES

Delaware State University student-athletes benefit from a first-rate strength and conditioning facility. The first phase of the DSU's \$50 million Strength and Conditioning/Wellness Center/Student Union opened during the fall of 2008. A dedication ceremony for the facility was attended by local and state elected officials and many former DSU student-athletes, including NFL standouts, Jamal Jackson and Darnerien McCants.

The strength and conditioning center is a 17,000 feet, state-of-the-art complex with all the amenities of a major college facility. The center is connected to the north end of the Memorial Hall main gymnasium and is solely for the use of Hornet student-athletes. The facility includes a weight room, laundry room, offices for conditioning coaches and locker rooms for men's and women's basketball. The addition also includes a two-story entrance and lobby with ticketing area.

Phase II of the project involved the construction of a Wellness Center specifically for the general student population and the general public. This section is located on the southeast end of Memorial Hall and includes the renovation of an existing auxiliary basketball court and construction of a new basketball court as well as new offices, concession space, men's and women's locker rooms and a swimming pool.



# UNIVERSITY FOOTBALL



# FACILITIES



## ALUMNI STADIUM

Home of the DSU football team, Alumni Stadium was constructed in 1980 and has hosted 155 Hornet football contests. Delaware State holds an 87-88 record all-time at the stadium. DSU's first ever victory at the stadium was an 8-6 win over the District of Columbia on Sept. 20, 1980. The school's most lopsided victory came during the 2006 campaign with a 62-0 thrashing of Concord (W.V.) on Nov. 4. Renovations took place with the installation of lights in the winter of 2005 and the addition of artificial turf during the spring of 2006.

Alumni Stadium also serves as home for the DSU women's soccer and both men's and women's track and field teams. Additionally, the facility is the site of the annual Delaware I & II High School Championship football games.

## QUICK FACTS

Completed: Sept. 1980  
 First Game: Sept. 6, 1980 vs. Salisbury State  
 First Victory: Sept. 20, 1980 (8-6 win over District of Columbia)  
 Most Decisive Win: 62-0 vs. Concord (W.V.) on Nov. 5, 2006  
 Most Points Scored: 66 (vs. Lock Haven, Sept. 3, 1996)  
 Capacity: 7,000  
 Playing Surface: Artificial A-Turf  
 Alumni Stadium Record: 87-88

## TOP 5 ATTENDANCES

12,000	10/27/84	Central State
8,500	10/5/85	Bethune-Cookman
7,800	10/29/88	South Carolina State
7,522	11/7/87	North Carolina A&T
7,500	9/3/88	Florida A&M



**GAMBLER'S CHOICE  
EQUESTRIAN**

Gambler's Choice Equestrian Center features an 18-stall barn and a 10-stall barn, with three tack stalls and a wash stall with hot water, on-site laundry room, heated lounge and bathroom. All stalls include sliding doors and have rubber mats. Both indoor and outdoor arenas feature elevated judges' stands, along with a PA system for events. Gambler's Choice has a 100'x200' clear span indoor arena that allows for all-weather riding and a 150'x300' outdoor sand area. As the home of the DSU Hornets Equestrian team, the facility is equipped for Western and English riding.



**THE HORNETS' NEST  
SOFTBALL**

The Hornets' Nest has been the home field of the DSU Softball team since 1993. The field dimensions are 220' down the lines and 225' in centerfield. The surface is DiamondTex/Turf. The facility has seating for 300 in addition to a picnic area, press box, bullpens, batting cages, irrigation and lights.



**MEMORIAL HALL  
M&W BASKETBALL  
VOLLEYBALL**

Constructed in 1982, Memorial Hall Gymnasium has been home to the DSU men's and women's basketball programs as well as the volleyball team for over three decades. The facility was christened by the men's basketball team on December 7, 1982 with a 96-92 double-overtime victory over U.S. International. Since then, the facility has been a part of many exciting contests.

Home to the DSU baseball team, Soldier Field has hosted games since 1958. The dimensions are 320' down the lines, 365' in the leftfield gap, 355' in the rightfield gap and 380' in centerfield. Prior to the start of the 2009 season, the leftfield fence was extended to a height of 20'.



**SOLDIER FIELD  
BASEBALL**



# DELAWARE STATE

# APPROACHING STORM

## RANDOLPH J. JOHNSON DIRECTOR OF BANDS



Johnson returned to Delaware State in the summer of 2007 to begin his second stint as Director of bands. He previously held the post from 1990 to 2001, a period of great acclaim for the university's marching, concert, jazz and pep bands. Johnson's previous tenure at Delaware State was highlighted by numerous performances at National Football League contests, and a 1998 jazz band tour of Europe.

Before returning to DSU, Johnson served as Supervisor of Music for the Wyandanch Union Free School District in Wyandanch, N.Y., and as Jazz Band Director, assistant band director and instructor at Alcorn State University in Lorman, Miss.

From 1977 to 1990, Johnson held band director posts at Winston-Salem State University, Elizabeth City State University, and at several high schools in Mississippi, Louisiana and Kansas.

Johnson earned a Bachelor of Science and a Master of Education in instrumental music/secondary education, each from Southern University and A&M College in Baton Rouge, Louisiana.

At Delaware State, halftime is "show time". That's because the university's popular marching band, "The Approaching Storm" takes center stage. The DSU band is a high-energy, high-stepping, entertaining collection of talented musicians and dancers. Whether it's hip-hop, R&B, gospel, jazz or "old school", the "Storm" has something to appeal to your musical taste. While the "Storm's" halftime show is a game day highlight, the band is also counted on to "pump up" the team and Hornet fans from well before the opening kickoff until long after the final gun. Whether the Hornets win or lose, the Delaware State football experience isn't complete until the band's "fifth quarter" post-game performance.

At the invitation of Vice President and former Delaware U.S. Senator Joseph Biden, the Approaching Storm performed in the inaugural parade for President Barack Obama on Jan. 20, 2009 in Washington, D.C.

In 2009, the Approaching Storm performed before 106,000 fans at Michigan Stadium for the Delaware State vs. Michigan football contest. The band received rave reviews for its performance, including dozens of letters from Michigan fans and media critiques.

In 2005, 16 members of the Delaware State band traveled to New York City to perform with legendary Motown groups "The Temptations", "The Spinners" and "Martha Reeves and the Vandellas." In 1995, the DSU band performed in England at the London New Year's Day parade. A 1998 jazz band tour of Europe featured performances in Germany, Belgium and The Netherlands.

The "Storm" is a popular guest at National Football League stadiums, including three Philadelphia Eagles contests. The band has also appeared at New York Giants, Washington Redskins and Buffalo Bills home games. In 2006, the "Storm" stole the show during the Fourth Annual Ford Football Classic at Ford Field, home of the NFL's Detroit Lions and the site of Super Bowl XL. Known throughout Delaware for its distinctive style, the "Storm" is a popular attraction at parades and celebrations throughout the state.

